

Dining

BY EMILY BETZ TYRA

Bowers Harbor Inn

The 1880's Bowers Harbor Inn on Old Mission Peninsula has a sunburst garden that grows with squash, carrots, pineapple parsley, coriander, fennel, baby carrots. And when he can, North Dakota native and chef Colin Beaumier uses handfuls of garden goodness to flavor his cuisine. He wants to reawaken Northern Michigan food lovers to the best of what we grow and fish for right here, presenting it in simple, graceful dishes like this salmon with early summer vegetables in an asparagus broth.



June

95

From the Garden:
Bowers Harbor
Inn, Punzel
Scandinavian,
Blackberry Rose

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Scovie's
Waterfront Grille

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Tea Room

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Tom & Jerry's
Hot Dogs

Garden fresh

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FOODIE FILE

Chef Colin Beaumier

Bowers Harbor Inn, Traverse City



Major culinary influences: *The Natural Cuisine of Georges Blanc*. That book changed my life. Chef Sanford D'Amato at Sanford Restaurant in Milwaukee taught me the kind of chef I want to be. There are the ones who say, "Boy this community is lucky to have a chef like me," and then the

kind that says, sincerely, "This is what we're offering you today. I ate this in Greece. We're sure lucky you are here."

What's a great dessert with local strawberries?

Frédéric Girardet from Switzerland made what he called Peach Frivolity. He'd do peach sorbet with grilled peaches, raw peaches. You get hot and cold and all kinds of textures. I'd do a strawberry version. First oven dry them. Make them into a strawberry dust to mix into a crispy lattice cookie batter. You have the cookie instead of shortcake with warmed-up stewed strawberries, fresh strawberries, vanilla sour cream.

What are your favorite vegetable side dishes when grilling out? Asparagus with fruity extra-virgin olive oil on the grill. At the very end add salt and lemon juice. I like fat, and I still have good metabolism, so I like to throw on a fried or poached egg.

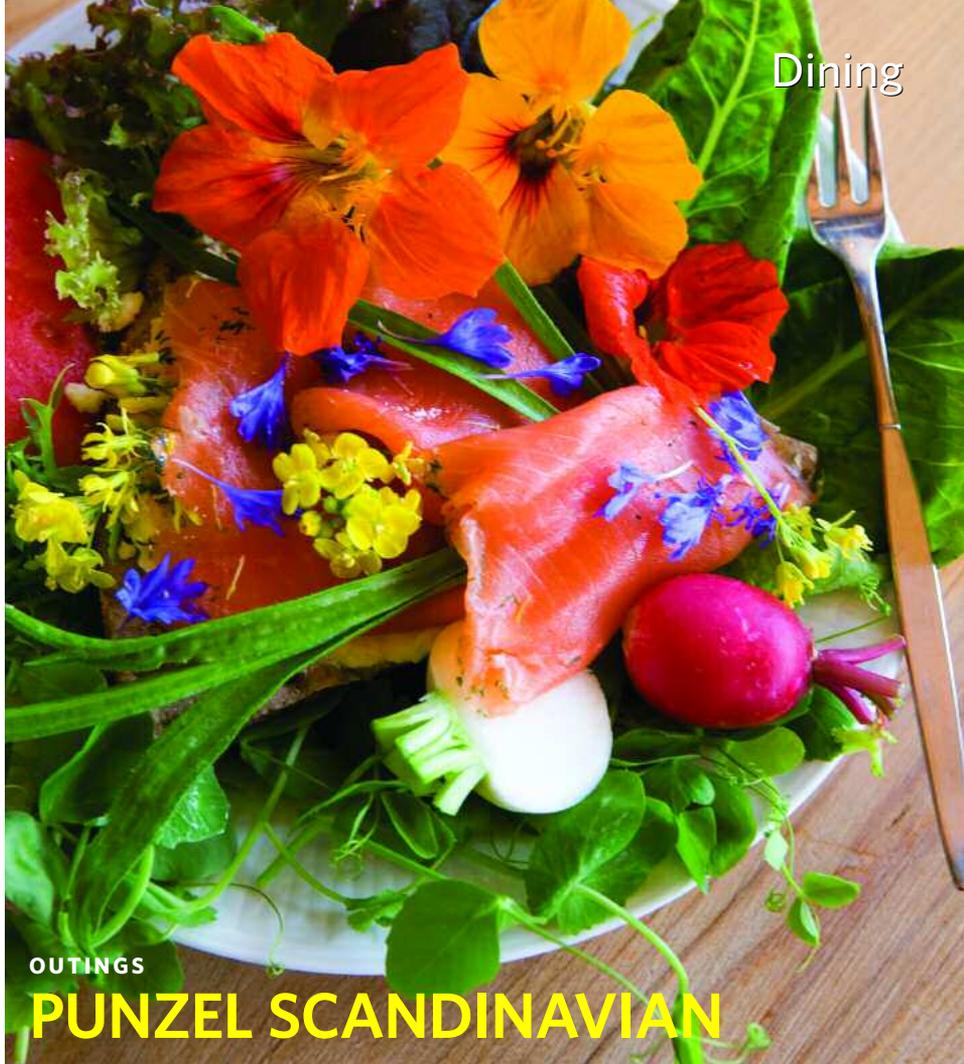
Growing up in North Dakota, were you an eat-your-veggies kid? We ate Pop-Tarts, canned spinach, canned green beans. It's a wonder I am where I am! I didn't eat fish. I didn't eat cheese until my 20's. But if I didn't grow up with that I wouldn't appreciate some of the stuff I can work with now.

Like what? Chinese artichokes.

What's your favorite summertime food tradition?

Shore lunch—a Boundary Waters, Midwest thing: walleye, potatoes, sausage, coleslaw, beer.

BOWERS HARBOR INN IS AT 13512 PENINSULA DRIVE, TRAVERSE CITY, 231-223-4222.



OUTINGS

PUNZEL SCANDINAVIAN

There's no menu at Punzel Scandinavian, just a gorgeous open-faced surprise from the garden created by owner Judy Hauser and her assistant Britta Walker-Palmberg. Sit under the pergola surrounded by baskets of edible nasturtiums, watch turtles sunbathing in the pond and enjoy chilled fruit soups and Scandinavia's traditional sandwiches, like this one on rye hard bread with goat cream cheese, gravlax, dilled cucumber salad, radishes, beet greens, pea vine tendrils, lemon, and fresh edible blooms. New this summer is an impromptu fika, the Scandinavian snack with warm lingonberry muffins and an orange-dark chocolate frozen yogurt made for Hauser by Moomers. As always, if you ask, there are guided tours of the garden peppered with folktales and lessons in Norse mythology. 8720 C-633, 5 MILES NORTH OF BUCKLEY. FOR LUNCH RESERVATIONS CALL 231-263-7427, WWW.PUNZELSCANDINAVIAN.COM.

Bring your own picnic to the **Punzel Midsummer Festival** on June 24, and bask in the magic light of the year's longest day with the music of Runes, featuring Lisa and Ingemar Johansson.



FIND Flower Power

Both rose water and orange blossom water are used with magical results in Middle Eastern cooking. Add them to rice pudding with pistachios, put a tiny drop in a glass of champagne or use one or the other to make a syrup to drizzle over fresh peaches and strawberries. We found these pretty bottles at Blackberry Rose. 109 N. MITCHELL, CADILLAC, 231-876-9501.

PORTRAIT: TODD ZAWISTOWSKI. PICNICKERS: VEER. BENTO BOX: COURTESY PLASTICA.